



In partnership with Culinary Campus, the IUSD Employee Well-Being Program is excited to offer monthly healthy cooking demonstrations!

If you have a passion for food and a craving to learn, come experience the joy of healthy cooking.

Participants will receive a small tasting portion and a recipe.

Location:  
Culinary Classroom  
3387 Barranca Parkway  
Irvine, CA 92606

Date	Time	Recipe(s)	Chef	Fee
Friday, January 17, 2020	4:15 pm – 5:45 pm	Theme: “Healthy Snacks” (Energy Bites, Kale Chips & Crunchy Chickpeas)	Chef Jill	\$5.00

To register, complete the information below and submit this form along with cash or **check payable to IUSD** to **Well-Being Program/District Office**.

Name: \_\_\_\_\_

Work Location: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_