



PARENT NOTICE OF SEVERE FOOD ALLERGIES

Date:

Dear Parent/Guardian:

As many of you may know, allergies to peanuts, nut products, and/or other foods are not uncommon in our student population. If a child has a severe food allergy and comes in contact with the allergen through ingestion, inhalation, or direct physical contact, a severe allergic reaction, known as anaphylaxis, can occur. This type of allergic reaction can be life-threatening.

We presently have one or more students within the _____ grade with severe allergies to:

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Please review the enclosure to become aware of the specific types of foods that are contained within these categories. We believe that prevention is the best approach in caring for all students at risk. We are requesting your cooperation and assistance in keeping all of our students safe by asking that:

- You do not send food for classroom celebrations unless otherwise cleared with your child’s teacher.
- If your child eats nuts or nut products (e.g. peanut butter/almond butter) before school, please make sure they wash their hands before coming to school.
- The lunch area has a “No Nut” table. Nuts, peanut butter sandwiches and/or any other foods that contain nuts are not allowed at that table. Please remind your child to be respectful of the “No Nut” rule for this table when choosing his/her lunch seat.
- You encourage your child not to share any of his/her food with other students and encourage him/her to wash his/her hands before and after meals.
- You remind your student that bullying or harassment of students with disabilities, including those with allergies, is not permitted and may result in discipline.

Additionally, please keep our students with severe allergies in mind, and read labels when planning student lunches and snacks. For example, labels may say that an item was “proceed in a facility” or “may contain” nuts, or nut products. Even these food items can cause allergic reactions for some students. As we strive to make the school a safe environment for all students, we thank you for your cooperation. If you have any questions, please contact the health office at 949-936-_____.

Respectfully,

School Nurse

Enclosure: Food Categories/Allergens