



IUUSD HEALTH SERVICES  
**HEAD LICE (PEDICULOSIS) EXPOSURE**

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Stu #	Student's Name	DOB	School	Grade
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August 15, 2016

Dear Parent/Guardian:

Head lice infestation is a common condition where pediculosis parasites live in human hair and feed on the host's blood. Head lice are brown or gray wingless insects that are about the size of a sesame seed. Lice eggs (nits) appear as tiny white ovals glued to the hair shaft near the scalp. Lice do not live in the environment (off of a human head) for any length of time and they are not carried by animals. Lice do not jump or fly; they are transmitted from an infested person to someone else by head to head contact or by sharing items such as combs, brushes, headbands, hats, hooded sweatshirts, sports equipment and head gear. Children are much more likely to get lice from family members and playmates than from their classmates at school.

All household contacts should be checked for head lice, but only those infested with lice or nits should be treated. Treatments should only be used to kill lice or nits and are **not** designed to prevent infestation. Please consult with a pharmacist or doctor before using a head lice treatment on someone who is pregnant, has allergies, asthma, epilepsy, or other serious medical conditions or on someone who has lice in a body area other than the head.

**Your child appears to have head lice or nits.** To rid your child of these parasites, please use a commercial pediculicide shampoo, following the package directions carefully. **Once treated, you must also remove all nits (eggs) from the hair shafts** with a lice comb and/or your fingernails and dispose of them properly. To prevent re-infestation, check all family members, but treat only those who actually have lice or nits. Your child is ready to return to school when all lice and nits have been completely removed from the hair and scalp. You must bring the signed **Verification of Treatment Form** (see below) when returning your child to school. A staff member will then check your child's hair and verify that all lice and nits have been removed before releasing him/her to return to the classroom. (Please refer to the attached "*Requirements for Treatment of Head Lice for School Re-entry*" instruction sheet.)

**Your child may have been exposed to head lice during the course of the school day.** Watch your child for signs of lice infestation such as frequent head scratching. Also, check your child's scalp periodically for the presence of lice and/or nits. Please notify the school health office at once if you detect evidence of lice or nits on your child's head and treat according to the attached "*Requirements for Treatment of Head Lice for School Re-entry*" instruction sheet, following the guidelines above. Remember: Treat only if lice or nits are found.

If you have any questions or need further assistance, please contact the health office at 949-936-\_\_\_\_\_.

Respectfully,  
 \_\_\_\_\_, RN  
 School Nurse

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**Verification of Treatment Form**

Student's name: \_\_\_\_\_

This is to verify that my child was treated with \_\_\_\_\_ on \_\_\_\_\_.

Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_